

22727 Maple Ave. Torrance, CA 90505 (310) 325-3080 Phone (310) 961-5918 Fax

January 27, 2016

NEW HORIZONS WEEKLY NEWSLETTER THE OFFICIAL PUBLICATION

THE OFFICIAL PUBLICATION FOR THE BOARD OF DIRECTORS, RESIDENTS AND OWNERS.

Website www.nhsb.org Email: newhorizonsnews@yahoo.com

Managing Editor: Maggie Pagan (310) 325-3080 Advertising: Judy Patten (310) 325-3080

REMEMBER THE NEW HOA FEES ARE \$316.00

WEEK AT A GLANCE				
Daily	1:00 pm	Water Aerobics		
Thurs. Jan. 28	9:00 am	Ladies' Golf		
Fri. Jan. 29	1:00 pm	Sit 'n Knit		
Sat. Jan. 30	12:00 pm	Private Party Town Hall		
Sun. Jan. 31	1:00 pm	"Getting to Know You" - Lounge		
Mon. Feb. 1	10:30 am	Bridge Club		
	11:00 am	Grounds Maintenance		
Tues. Feb 2	9:00 am	Ceramics		
	10:00 am	Exec. & Rules Mtg.		
	10:30 am	Personnel Mtg.		
	10:45 am	BIS		
	1:00 pm	Scrabble - Card Rm.		
	1:00 pm	Clubhouse Mtg.		
	2:00 pm	Civic Affairs Mtg.		
Wed. Feb. 3	8:00 am	Men's Golf		
	10:00 am	Residents &		
		Orientation Mtg.		
	6:30 pm	Golf Club		
Thurs. Feb. 4	9:00 am	Ladies' Golf		
	7:00 pm	Travel Club Meeting		
Fri. Feb. 5	9:00 am	Recyclables Pickup		
	1:00 pm	Sit 'n Knit Lounge		
Sat. Feb 6		No Events		

CIC NEWS

Now that the "Men's Rest Room" project is underway, it is time to put our collective heads together and come up with new and interesting ideas for the next fundraising project and for needed improvement in our community. Come ready to share your ideas at our next meeting on

January 27th and we'll get to work making decisions.

For those residents who have not yet joined the CIC, now is a good time to

get involved in the on-going work of this organization. It is a Club devoted to the betterment of the New Horizons community.

We welcome and need all the help we can get to continue our efforts. Please join us!! (And it's not all work). We invite you to our social time of coffee and goodies and a little fun and the 50/50. A last reminder for all members and newcomers:

CIC meeting is on Wed., January 27, in the Clubhouse Lounge. We'll see you there. Submitted by Phyllis Mathis

Community Bulletin

Free AARP Tax-Aide -

IRS trained and certified volunteers will prepare Federal and CA tax returns for individuals aged 60 and older.



This service is on a first-come, first-served basis as appointments are unavailable. You DO NOT have to be a member of AARP.

Monday-FridayFeb. 1 – April 15. 9:00 am – 2:30 pm Saturdays February 6 – April 9. 9:00 am – 12:00pm

Bring: copy of your 2014 tax return, All forms, W-2 and 1099's

NEW LOCATION: Russ Nolte Annex
 1339 Post Avenue Near Bartlett Senior Center
 310-618-2724 (recorded message)
 www.TaxAide-SouthBay.org

Volunteer Wanted - Senior YMCA Office

A volunteer is wanted to help with the Senior Meals Service Program on Weds. from 9:00 am – 1:30 pm Duties include: making lunch reservations, checking in participants, and working with cash. Training will be provided. **Contact Shirley at 310-325-5885 x 2732** after 2 pm Monday - Friday.

Submitted by Julie Dojiri, Civic Affairs Chair

Happy New Year Tournament

New Horizons Golf Club held its first tournament of the New Year on January 16th and it was a great success. We had a full slate of players with a foursome on every hole for the 9:00 AM shotgun start. Thanks to everyone who worked on the tournament to make it so much fun for the players. The next tournament is on Feb. 13th, for St. Valentine's Day Waltz. The Women's Club is hosting this one and they always do a spectacular job. Look for the sign-up sheet in the Golf Room. Get your spot locked in. See you there.

Steve Spolidoro MEN

A FLIGHT	LOW GROSS	LOW NET
Craig Conant	52 (tie)	
Don Teunon	52 (tie)	
B FLIGHT		
Bruce Kenney	54	
Saburo Fukuchi		56/48
C FLIGHT		
Xumin Guo	61	
Bob Branning		63/53
Hole in One: None		

WOMEN

TTOINEIT			
A FLIGHT	LOW GROSS	LOW NET	
Kay Mori	55		
Renee Chang		57/49	
B FLIGHT			
Carolynn Collett	61		
Phyllis Mathis		64/52	
C FLIGHT			
Barbara Helm	66		
Norma Maurer		68/51	
Hole in One: None			

Men's Golf Results 1/20/16

We had 13 golfers showed up in the rain. The sky cleared and we finished in the sun. Welcome to new golfer "Sonny."

A FLIGHT	LOW GROSS	LOW NET
Craig Conant	50	
Rich Stoffer		47
Ray Tominaka		47
B FLIGHT		
Xumi Guo		47
Fred Koblizek	56	
Hole in One: None		

By: Caroll Massey

TRAVEL CLUB

As I mentioned in last week's newsletter, the Club has selected a number of trips they would like to take during the travel year 2016. We will assign these trips to specific months.

The first trip is one I feel would be very interesting to most of the members. That trip is entitled "Miracle Workers." We will begin the trip at the Braille Institute. This service organization offers education and training to blind and visually impaired adults. It is interesting that the tour is led by visually impaired guides. We will get an inside look at how modern technology is helping students learn to live with their impairment. During the tour, we will learn the basics of Braille and see how brailling is actually done. We will break for lunch, at the Saddleback Ranch Chop House in Universal's City Walk. It is a western ranch-style home combined with the feel of an Aspen ski lodge. Afterwards we visit Guide Dogs of America.

Guide Dogs of America breeds, raises and trains dedicated dogs and matched them with blind people of all ages. On our tour of the seven-acre campus, we'll learn how the loving, working partnership of dog and human develops. This day should be fascinating.

This trip is scheduled for Tuesday, March 15th.
The cost is \$78.00 per person with a passenger count of 45 - 54 paying passengers, or \$91.00 for 30-44 people. We depart at 9:00 am and return at 5:30 pm. This trip is on the board and ready for signups.

February is our dues month and as it has for many years now, Travel Club annual dues remains at \$2.00.

Judy Foster in our Travel Club is proposing a relaxing 7-Day cruise to take place beginning April 16th. We depart from San Pedro on the Crown Princess, sail to San Francisco, Santa Barbara, San Diego, Ensenada, Mexico and back to San Pedro. This signup sheet is currently posted on the board. If you are interested in going, give Judy a call at 310-326-2160. Prices for this cruise will be based on the stateroom accommodations, per person. Any question please call Sharon Rose at (310) 539-0811 or Ed Reilly at (310) 326-4710

Submitted by: Ed Reilly, Travel Chairman

"THE WORLD'S GREATEST CARD GAME"

If you are interested in learning how to play Bridge or upgrading your game, I know of a qualified Bridge teacher who is starting up a six-week, Saturday morning class in Redondo Beach on Jan 30th. Call me at 219-921-5857. Submitted by Sharon Massey, New Horizons Bridge player

WOMEN'S GOLF 1/21/16

What are the odds of this? All low nets in each class were "49."

A FLIGHT	LOW GROSS	LOW NET
Renee Chang	56	
Janet Weber		49
B FLIGHT		
Phyllis Mathis	62	
Alice Wong		49
C FLIGHT		
Joanie Johnson	66	
Lihua Tsai		49
Hole in One: None		

By: Norma Mauer

GYM COURTESY

When leaving the gym after your work out, please turn off the lights, the fans, the blower, and always close the windows.

The hours for the gym are 6:00 a.m. to 10:00 p.m. Thank you.

Submitted by Pat Artman, Club House Chairman



"Sustained. Prosecution will refrain from going "dun, dun, dunnnnnnn..." during the witness's testimony."



THE PET OF THE MONTH:

Meet Gizmo who was found by a policeman, or rescued from jail by one of our residents.

IN MEMORIAM Margaret K. Fukuoka

July 29, 1919 – January 20,2016 Margaret was born in Newcastle, California. She served in the W.A.C.s during World War II. She attended U.S.C. and earned a her BA and Masters Degrees and retired as a teacher and counselor from the L.A. Unified School District.

Margaret was a long time resident of New Horizons. She enjoyed golf, swimming, and working out in the gym. She attended various classes to continue her interest in learning.

Her request was that no services be held. Her ashes will be buried at sea. Her family will miss her. Submitted by Margaret's family

We at New Horizons will also miss Margaret.

THE BOARD ANNUAL APPRECIATION DINNER



The New Horizons Recreation Council is proud to announce its 52nd Annual Board Appreciation Dinner on March 19,2016. This event will be held at the fabulous Torrance DoubleTree Hilton located at 21333 Hawthorne Blvd. in the elegant Penthouse 'Horizons Ball Room'.

The festivities will begin with an informal cocktail reception (Cash Bar) in the "Vintage Lounge" located on the ground floor of the hotel at 5:00pm.

Dinner will be served promptly in the Penthouse at 6:00 pm. The cost is \$37.00 per person. Please RSVP by March 7th with your payment. Checks can be made out to New Horizons South Bay HOA Board Dinner and dropped off in the Recreation Council Mailbox in the Clubhouse.

Please join us in our celebration to show our gratitude and appreciation to the Board of Directors! Bring your dancing shoes!!!

Any questions please contact Jennifer Haymore, Rec. Council Chairman (310) 465-5083

"When I was younger I could remember anything, whether it had happened or not."

MARK TWAIN

NEW HORIZONS DISASTER PREPAREDNESS "MAP YOUR NEIGHBORHOOD" PRESENTATION LAST JANUARY 21, 2016 - DID YOU MISS THIS PRESENTATION?

Our speaker, Kathy Galbasin gave a humorous account of all you would need to be ready in the event of a major earthquake in Torrance. We have a New Horizons - Disaster Preparedness Plan with a Communication Center, Area Directors, Building Coordinators, Search and Rescue teams, First Aid Station, if and when we ever have a major earthquake.

How About You? Are you prepared to stay alive for five or more days in the event of a major disaster? Our speaker recommended that you have on hand the following supplies in order to be ready for the BIG one. Do you have most of this on hand? - All in a handy place like in your unit, garage, or car.

- **1.** Water-one gallon per person per day
- 2. Food-ready to eat or canned 3. First Aid Kit

- 4. Manual can opener
- **5.** Essential medications for a week or more
- **6.** Flashlight and Radio-battery operated **7.** Cash-in small denominations quarters and one dollar bills
- 8. Unscented liquid bleach-for water purification 9. Set of clothes, shoes, socks, underwear in a 'go bag'
- **10.** Personal hygiene items-toilet paper, toothpaste/brush, etc. 11. Heavy gloves and plastic gloves
- **12.** Fire extinguisher-know how to use **13.** Know where water and electric-shut off are & how to turn off
- **14.** Blanket, towel and/or sleeping bag **15.** Pet water, food and supplies
- 16. Important documents-copies in waterproof bag, on a disc, or thumb drive Submitted by Sumie Imada

~New Horizons Family ~

Sel Amo Anima Pet . Keeper

25% off on veterinary services Medical services - spay/neuter, exams, dental, vaccines & more

Boarding - daycare and long term Grooming - baths, trims, style, nail trim Pet Pals - \$25 for you & \$25 for friend/family 3430 Fujita Street, Torrance, CA 90505 310.530.5511

> Mon-Thurs: 7am-7pm, Fri: 7am-6pm, Sat: 8am-4pm





4010 Watson Plaza Drive, Suite 140 Lakewood, CA 90712 P: 562.421.0777 F: 562.421.0770 Licensed Nurses * Medication Management Wound Care * Home Health Aides Social Workers * Physical Therapists



4010 Watson Plaza Drive, Suite 120 373 Van Ness Avenue, Suite 160 Lakewood, CA 90712 P: 562.429.1500 F: 562.429.1599



Hospice is care designed for comfort, pain and symptom management for those who are terminally ill. Care is provided by Physicians, Nurses, Social Workers, Chaplains, Counselors and Volunteer Companions. *Services are covered by Medicare, Medi-Cal & select private health plans

HOME HEALTH DEPOT Medical Equipment and Supplies (310) 891-1954 www.HomeHealthDepot.com - Cushions - Bath safety equipment Commodes Blood pressure monitors Lift chairs Power wheelchairs Manual wheelchairs We install grab bars and safety rails 2059 Pacific Coast Hwy Lomita, California 90717



*AFFORDABLE RATES! *SHORT/ LONG TERM CARE *LIVE IN/ LIVE-OUT CARE *WEEKENDS/ HOLIDAYS

LOOKING FOR CAREGIVERS? Call us for free and no obligation assessment!

TOLL FREE: 1-844-375-1888

We Rent Garage Space \$60.00 per mo.
If you need garage space
Please call Teresa:
310. 408.1278

ITEMS FOR SALE:

Fazier Piano \$95, Bookcases & Cabinets \$25-\$50, 6ft Desk & Chair \$150, Small Chest of Drawers \$20 and Cloth Shoe Rack \$10.

Gary 310-625-9404

Sale Pending

23011 B NADINE CIRCLE - LARGE DELUXE

CONDO......ASKING \$339,000.

SOLD

22625 A NADINE CIRCLE

Century 21

LINDA FALZONE

BRE#01409533 Resident Owner

Direct: (310) 748-9901

Email: lindafalzone@sbcglobal.net



FOR SALE

23022 Nadine Circle, Bungalow 2 BD, 1.5 BA, 2 garage. Remodeled Kitchen & Baths. Dual paned windows and doors. Hardwood style laminateflooring. Priced at \$485,000

It costs no more to hire the Best! Before you make a move, call Linda



LEASED

KAY MORI A unit 950 sq ft: \$1,750.00/mo

MOST WANTED

Bungalow: For Rent or For Sale

Kay Mori, Certified Probate Real Estate Specilist 310-218-3855



REALTY, INC.

Queen Drive of the Pier:

CALL GERRY JOHNSON 310-387- 4474

BRE# 00524342 N.H. Resident/Owner



REALTOR DRE #01377354 OGAWA REALTY (310) 386-5415

nickblaney1@gmail.com

COMING SOON:

DOWNSTAIRS LARGE "A" UNIT NO STEPS EASY STREET ACCESS 3BD 2 BATH \$449,900.

SOLD! (in 2wks)
22732 NADINE CIRCLE "B"
SOLD! (in 28 DAYS)
22702 NADINE CIRCLE "B"

If You Want Your House <u>SOLD</u> <u>Quick</u> <u>CALL NICK</u> NEW HORIZONS RESIDENT New Listing
ALREADY SOLD

In 1 Week!!!

GORGEOUS REMODELED "A" UNIT

MODELED "A" UNIT

1,117sq. FT.

2BD 2 BATH

\$439,000

CALL THE

<u>REALTOR</u> NICK BLANEY

For Details.

310-386-5415

FREE PRE-NEED PLANNING RECOMMENDATIONS

A BIG THANK YOU TO ALL AT NEW HORIZONS WHO MAKE IT A VERY SPECIAL PLACE!



Cindy's Hair Design

Total Hair Care for Men & Women Special Senior Discount Always Home Visits available

On Permanent makeup: Lip, Eyebrow and Eyeliner, (Offering \$50.discount

We'll keep you looking Beautiful and Younger.
Hours: 9 -7 Cell: 310-980-5003 call 24 hrs.
By appointment only. Just 5 minutes away.
23528 Crenshaw Blvd, Torrance (behind Arco Sta.)

CARPET & UPHOLSTERY CLEANING FREE SANITIZER

Tile & Grout Cleaning, Pet Odor Control, Carpet Repair, Bleach Spot Removal and Complete Apartment Cleaning Available 2 Rooms \$59.95 4 Rooms \$99.95 Pre-condition & Sanitizer Included Call 310-424-9379

HOUSECLEANING OR CAREGIVER VERY AFFORDABLE RATES

Reliable European lady, for housecleaning or caregiver, meal preparation, Dr. Appt., etc. (Have Elder Care certificate.) References upon request. Lives in NH neighborhood Call 310-539-0239. Anne

COMPLETE CARPET UPHOLSTERY SERVICE UPHOLSTERY WATER DAMAGE FLEA CONTROL

TRUCK MOUNTED STEAM CLEANING SYSTEM

Tile & Grout Cleaning · Senior Discount · (310) 675-8600

OWNER - FRED MATHER (877) 50-BRITE

BILL BRYSON APPLIANCE SPECIALIST

Providing appliance repair service 6 days a week for: All domestic brands of kitchen and laundry equipment, Including dryer and vent clean-out.

Serving New Horizons Since1978 Call Bill (310) 567-8957

HANDYMAN - N.H. owner & N.H. resident Paint, elec., tiles, screen and Safety doors, Safety bars.

CALL GARY THE PLUMBER

Call Rich Stoffer (424) 263-2636

for ALL your plumbing needs (310) 320-9384 24 Hour Emergency Service - Discounts for N. H. residents

GOLDEN STATE PLUMBING & HEATING

50% OFF

PERMS, SHAMPOO, SET, WOMEN'S AND MEN'S HAIRCUTS YUMI at MAY HAIR SALON 22539 Hawthorne Blvd. Torrance, CA.

CALL: 310-378-7912

Tax Season Office Help Wanted

From February 1st to April 15th Phone skills and general computer knowledge required. You will be working with appointments, assembling returns and filing. Weitzel & Associates (310) 977-4422 btw 9-5

THE BAY KING - Dual-paned vinyl

windows & doors. Small family owned business. Quality product for a very reasonable price. For free estimate and referrals, please call Lindy at 310-387-9730. Licensed contractor #842612.

BRYAN SAMPSON IMPROVEMENTS

Home Repair and Remodeling - Painting, Plumbing, Electrical, Flooring, Tiling & Patching. Custom baths and kitchen remodels. No job too small. Work guaranteed. Complex referrals. Free estimates. Lic.# 755674 Bonded & Insured Call 310 -326-5066 or 310-408-7021 (cell)

Halverson Stone & Myers Mortuary

1223 Cravens Avenue • Torrance, CA 90501 (310) 328-1223

www.HALVERSONSTONEMYERS.COM Funeral Plans • Cremation • Pre-planning

MJM ELECTRIC COMPANY

Torrance based over 20 years in South Bay. Emergency & trouble call services. New and remodel work. Problem with switches, plugs, circuit breakers or light fixtures?

Call Mike at 310-325-0943 office, 310-634-6641 cell Lic. # 493832 Insured and Bonded

WINDOW CLEANING, Jimmy M. 14 yrs. exp.

\$45.00 upper units int. & ext. \$35.00 lower units int. & ext. \$2.50 discount on Tuesday. Call Jimmy at (310) -591-4454



Five days a week, volunteers deliver meals to house-bound citizens in Torrance and Lomita. Donating 1.5 hours per week of your time can make a difference!

> For more information Call 310-542-3434, or visit: www.TLMOW.ORG

RANDY'S PLUMBING

"We know New Horizons" Serving Your Over Community 10 Years

- •Complete Repair Service •Sewer & Drain Separation
- •Experts Water Heater Repair Garbage Disposal Installation Bath & Kitchen Faucet Installation Bath Sink

& Counter top installation New Kitchen

Installation \$\$\$ 10% DISCOUNT TO YOUR COMMUNITY\$\$\$

Call 310-320-7500 Emergency 310-320-0718 Evenings and Weekends



Golf Course (Golf Course Closed Mondays until 3 pm February 2016 Water Aerobics 1:00 pm Daily					Daily
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
HOA FEES DUE \$316	1 10:30 am Bridge Club 11:00 am Grounds Maintenance Mtg. Town Hall	10:00 am Exec. & Rules	3 8:00 am Men's Golf 10:00 am Residents & Orientation Mtg. 6:30 pm Golf Committee Meeting	4 9:00 am Ladies Golf 7:00 pm Travel Club Meeting	9:00 am Recyclables Pick up 1:00 pm Sit 'n Knit Lounge	6
7 1 pm Getting to Know You Lounge	8 10:30 am Bridge Club 10:30 am Ins. Mtg. 1:30 pm Condo Code Mtg Lounge	9 9:00 am Ceramics 1:00 pm Scrabble, Card Rm. 6:30 pm Bunco, Card Rm.	10 8:00am Men's Golf 1:30 pm Board Workshop 3:30 Rec. Council Mtg	9:00 am Ladies Golf 2:00 pm Bingo! Town Hall	1:00 pm Sit 'n Knit Lounge	9:00 AM VALENTINE DAY GOLF TOURNMENT SHOTGUN START
14 1 pm Getting to Know You Lounge	15 NH OFFICE CLOSED Presidents' Day 10:30 am Bridge Club 11:00 am Newsletter & Publ. Mtg. 1:00 pm Conservation Club	9:00 am Ceramics 1:00 am Architectural Mtg. 1:00 pm Scrabble, Card Rm.	17 8:00 am Men's Golf 3:00 pm Board Meeting	9:00 am Ladies Golf	1:00 pm Sit 'n Knit Lounge	20
21 1 pm Getting to Know You Lounge	22 10:30 am Bridge Club	9:00 am Ceramics 9:30am Bldgs. & Pools Mtg. 1:00pm Scrabble, Card Rm	24 8:00 am Men's Golf 7:00 CIC Mtg. 50/50	9:00 am Ladies Golf	26 1:00 pm Sit 'n Knit Lounge	27
28 1 pm Getting to Know You - Lounge	29 It's Leap Year 10:30 am Bridge Club					

24 Hour Home Care Buddies



www.24hourhomecarebuddies.com

OUR TEAM

Highly competent, compassionate caregivers, trained and supervised by Licensed Nurse/Case Manager

CAREGIVERS PROVIDE:

- Companionship / Activities of daily living
- Home Maintenance: Meals, Light Housekeeping, Errands & Appointments
- Care for Dementia / Stroke / Hospice Clients
- Complex Care of: Wounds, Feeding Tubes, Foley/Ostomy/Trach/Home Vent Clients
- Psychosocial Support: One on one conversation, Games, Walking, Shopping
- Clients are visited by Licensed Nurse Twice a Month

Accepted form of Payments:

Long Term Care Insurance/VA Insurance/ Private Pay

E-mail us at byillanueva.rn@gmail.com Licensed, Bonded, Workers Comp Caring Is What We Do Best CALL TODAY FOR FREE ASSESSMENT 310-756-5666 (24 HOUR MESSAGE CENTER)



PLEASE SUPPORT OUR ADVERTISERS



DATED MATERIAL

Current Resident or

PRE SORTED STANDARD
US POSTAGE
PAID
TORRANCE, CA
PERMIT #307

South Bay Association Torrance, CA 90505 TORRA HORIZONS

